

# FRIENDLY VISITOR PROGRAM

Senior Service & Volunteer Opportunity



## *What is the Friendly Visitor Program?*

The Friendly Visitor Program is a volunteer-staffed program, that improves the quality of life for isolated seniors in our community. The Center for Youth and Family Solutions helps vulnerable seniors, at least 60 years of age, who are lonely or in need of assistance to continue living in their homes or apartment. Seniors are referred to our Friendly Visitor Program through family members, other seniors or service providers, medical professionals, or others in the community.

**EACH SENIOR IS MATCHED  
WITH VOLUNTEERS BASED ON  
INTEREST AND NEEDS.**

## *If you are a Senior,*

### **OUR VOLUNTEERS WILL**

- Come and visit with you on a regular basis
- Assist you in getting to the store or medical appointment
- Help manage your mail
- Run errands for you
- Help you plant a garden or flowers
- Take walks with you
- Stay with you while you have outpatient surgery
- Become a genuine friend

## *If you want to Volunteer,*

- You will enrich your life as well as a senior's life with friendship
- You can become connected or reconnected in your community
- You can help a senior remain independent
- Your quality of life will improve
- You will have someone to regularly visit and help a senior feel less lonely or isolated.

## *For More Information*

### **BETTY PORTER**

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THE CENTER FOR  
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