

Here for
HEALING
Secured by
YOUR SUPPORT



THE CENTER FOR YOUTH AND FAMILY SOLUTIONS
2021 ANNUAL REPORT

A LETTER FROM THE PRESIDENT



2021—yet another year testing our resilience. Think about it. To cope and thrive in these difficult times, we draw strength from who we are and what's around us. It takes individual strength and community support to feel secure. That safe and enriching experience is what The Center for Youth and Family Solutions provides for every person we serve. We are focused on the well-being of our clients—helping them to heal, guiding them to discover their own strengths and the resources available, and cultivating their resilience to move forward.

CYFS plays a vital role in assisting children and families to meet their life challenges. We acknowledge their pain. We witness their struggles. We help them cope. Our caring professionals provide kids, teens, and families with the tools they need to heal from the trauma of abuse and neglect, cope with depression, recover from grief, and manage family crises. We help older adults live independently in their homes. We find inspiration in witnessing people of all ages persist and act with courage.

We are pleased and humbled to be a resource in our clients' success and a contributor to community well-being. This year we helped 438 youth in foster care secure a permanent, safe, and loving forever family through reunification, adoption, or guardianship. We were also instrumental in promoting healing with youth and families in our Community Outreach programs, including 969 persons served through our partnership with the Moline Police Department. In the community at large, our therapists guided 89% of those we served to significant improvement in their lives.

Throughout our FY 21 Annual Report, you will see additional examples of such healing, restoration, and rebuilding resulting from building relationships, dedicated staff, and innovative programs. We feel good about what we were able to accomplish. But one thing we know is that none of these accomplishments could happen without you—our donors, supporters, and volunteers. Your contribution has been and remains essential for CYFS to continue providing life-changing services to persons in need and to enhance community life. Thank you for being part of our caring community as we continue to achieve solutions together.

“CYFS plays a vital role in assisting clients to meet their life challenges. We acknowledge their pain. We witness their struggles. We help them cope.”

Respectfully,

A handwritten signature in cursive script that reads "Michael O'Melia".

Michael O'Melia

CYFS FY2021 PROGRAM HIGHLIGHTS

All CYFS programs are committed to helping children and families heal from life-changing trauma, abuse and neglect, and other significant challenges. Each program provides strengths-based, family-centered, trauma-responsive, and inclusive programs, services, and interventions.

Last year, we helped **over 20,000** people build their resilience and coping skills—improving their overall well-being, strengthening their family system, restoring hope, and helping them be well and thrive.



CYFS PROGRAMS
HAVE HELPED OVER
20,000
PEOPLE COPE,
THRIVE, AND HEAL



CYFS HELPED OVER
9,000
FAMILIES ACHIEVE
SOLUTIONS

Strong families build stronger and healthier communities and are the foundation of our overall well-being together. CYFS helped **over 9,000** families heal and achieve solutions by being there when they were in crisis, advocating for equitable access to critical services, and providing evidence-based interventions to build stronger parenting skills and healthier relationships.



YOUTH, FAMILY, AND COMMUNITY OUTREACH SERVICES

Our **Youth, Family and Community Outreach Services (YFCOS)** help stabilize children, teens, and families in crisis with prevention, diversion, and intervention services.

Our services reached over **4,000** children and adults during the year—stabilizing families in crisis, preventing young people from involvement in delinquent activities, and bringing about lasting change in families by successfully diverting teens from further involvement in the child welfare or juvenile justice systems.



“Our caseworker was so great for our son. He connected with him right away and really listened to what he had to offer. Our son is doing amazing now, because of the services we received.”

Parent of a teen who was in crisis and received YFCOS services in-home counseling

4,000
CHILDREN AND
INDIVIDUALS



NEW DAY SENIOR SERVICES

A new day brings hope and CYFS does just that by providing in-home counseling, volunteer companion services, training, and outreach to isolated older adults coping with depression, grief and loss, and loneliness.

Addressing mental health challenges and isolation while seniors still live independently helps prevent costly and premature nursing home care.

99% of clients served by our program last year continue to live independently and **100%** of the seniors participating in our community outreach learning programs gained new knowledge, skills, and behaviors that contributed to better physical and mental health.



“I love how my counselor really listens to me. Having her check in makes me feel not so alone.”

New Day Senior Services client who received in-home counseling

99% OF CLIENTS
CONTINUE TO LIVE
INDEPENDENTLY



9 OUT OF 10

CLIENTS REPORTED
FEELING BETTER
AFTER COUNSELING

BEHAVIORAL HEALTH AND COUNSELING

Twenty Twenty-One was a stressful year for many of us—not only were we on a rollercoaster ride with the pandemic, but inflation, economic uncertainty, increased isolation, and growing violence in our communities put increased stress on both individuals and their support systems. As a result, more people found themselves needing help due to increased anxiety, depression, grief, and loss, and strained relationships. But people also knew where to turn for assistance, and CYFS' Behavioral Health and Counseling program was there to help meet these growing needs in our communities.

Our caring, compassionate, and licensed therapists supported the healing of over **9,000** community members. **Nine out of 10 clients** we served reported feeling better, having stronger relationships with loved ones, and felt better able to cope with the life stressors facing them.

“Meeting with my therapist is oftentimes the best part of my week, I feel listened to and appreciate the feedback I receive. I leave therapy feeling lighter than when I went in.”

Former Counseling client

CHILD ABUSE PREVENTION AND INTERVENTION SERVICES



When an abused or neglected child is referred to our foster care program, it is a scary time and relatives or caring foster families step-in to provide a safe and loving temporary home. We provide and link parents to services that help them make critical changes—such as domestic violence counseling, substance abuse treatment, housing, jobs, and in-home supports to strengthen their capacity to care for their children. We also provide support to families after reunification to help ensure lasting change. And when reunification is not a safe option for a child, we find them forever families through adoption or through guardianship with relatives.

“My caseworkers really took the time to understand my family. She made me feel like a valued person and didn’t make me feel like I was being judged.”

A mother who was reunified with her children



Our Child Abuse Prevention and Intervention program is the largest in central Illinois and recognized year after year for achieving some of the best long-term outcomes for children. Our mission is to make certain that every child we serve grows up in a safe, stable, loving family. We saw a concerning **10%** increase in the number of children referred for our services this past year. Through successful reunifications, adoptions, and guardianships, we ensured **438** children found a permanent, safe, and loving forever family with adults they trust to care for them for a lifetime.

438 CHILDREN
EXPERIENCED
PERMANENCY

GUARDIAN ANGEL RESIDENTIAL PROGRAM

Guardian Angel Home in Morton offers boys who are coping with emotional, behavioral, or mental health issues an opportunity to heal from significant trauma, abuse, and neglect and learn new coping skills.

“They keep us safe and are really caring.”

*Guardian Angel resident,
Age 10*

Last year, our Guardian Angel residential program provided **20 boys** with a safe and supportive living and learning environment.



20
BOYS

MAKING A DIFFERENCE IN OUR COMMUNITIES



17,682
HOURS

Volunteers and interns provided **17,682 hours of compassionate service helping** CYFS carry out our mission throughout the communities we serve. We applaud our volunteers' flexibility as we pivoted many of our activities to remote interactions—whether it be virtual tutoring for a youth in care, videos of volunteers reading children's books, or initiating telephone calls to lonely seniors.

As a learning organization, **CYFS is a proud partner of over 14 colleges and universities** and offer internships in multiple areas of study. Last year, CYFS provided a total of **43** interns an enriched hands-on experience in the human service field providing a critical foundation for the next generation of social workers.

ADOPTION



It is our goal that every child we serve has a loving place to call home and a forever family. This year, our **Adoption program** matched **160** children in need—infants, toddlers, sibling groups, and teens—with loving adoptive families.

160
CHILDREN



“When you go through infertility, you think your dreams of a family are over. Not so. CYFS gave us hope and ultimately our son.”

A CYFS Adoption Parent

CYFS STEPS UP IN 2021

This year called for responsiveness, creativity, and perseverance on the part of human service agencies to meet the growing and changing needs of our communities. CYFS rose to the challenge in a number of areas—stepping in to help, stepping up when needed, and championing critical system change. At CYFS, providing equitable services to all community members is embedded in all we do and drives our advocacy for those we serve. In our last Annual Report, we provided an overview of why equity, diversity, and inclusion matter in our work, to those we serve, and to us all. Here are some project updates reflecting our unwavering commitment to strengthening all families and addressing systemic issues facing those we serve.

CYFS OFFERED
SUPPORT TO
968
INDIVIDUALS

MOLINE POLICE DEPARTMENT AND CYFS SUCCESSFUL PARTNERSHIP

Our partnership with the Moline Police Department entered its 2nd year pairing police and social workers together for enhanced services to the community. The program allows for a quick response when a social work intervention is appropriate. Youth who come to the attention of the police may be runaways or locked out of their homes; children who have observed something traumatic benefit from having a social worker on-site; sometimes the police are responding to situations involving adults in need of mental health services or shelter—whatever the situation, CYFS is there to help. Providing social work interventions alongside the Moline



police, we offered support to **968** individuals and provided **1200 hours** of casework, referral, and behavioral health counseling. Progressive initiatives like this are not possible without the support of involved and interested community members. We are especially grateful to our generous donors, Heidi Huiskamp Collins, Stephanie Acri and Ancel Glink, The Moline Foundation, and the United Way Quad Cities for believing in the mission of this project and the positive impact it will make for the Moline community.

CYFS RECOGNIZED BY HUMAN RIGHTS CAMPAIGN FOUNDATION FOR LGBTQ INCLUSION EFFORTS



We are proud to be one of 44 organizations nationwide who received certification of **Solid Foundation for Inclusion** this year from the Human Rights Campaign's All Children All Families program. CYFS was recognized for having essential elements of LGBTQ inclusion in our policies and providing affirming practices. We greatly value ongoing learning and improvement at CYFS and together with our Human Rights Campaign partners we reviewed our policies and practices to ensure our services and interventions go beyond basic non-discrimination protections to intentional inclusiveness in every interaction—fully welcoming all with dignity and respect. As part of this year's certification, we also specifically reviewed, assessed, and strengthened our interventions with youth and parents and invested in employee training and supervision to make these improvements in our practice sustainable for the long term.

CYFS JOINS THE ILLINOIS SAFE HAVEN CONSORTIUM

Our Adoption and Pregnancy Counseling Programs are consistently recognized for illustrating excellence of service and integrity in our practice. That is why we were invited to join the **Safe Haven Consortium this year. The Consortium** consists of 11 top performing licensed adoption agencies in the state who provide critical services as part of the Illinois Abandoned Newborn Infant Protection Act. This law allows for new parents concerned about their ability to care for their newborn, to legally relinquish their infants without negative consequences at a hospital, emergency medical care facility, police station, or firehouse, where a referral to the Safe Haven Consortium can be initialed.

Prior to CYFS joining this consortium, there were no local agencies identified in the Central or Southern part of the state to respond to a Safe Haven referral. In

2021, our Adoption and Pregnancy Counseling program stepped up by assisting in **two** Safe Haven situations and were able to provide a safe and loving forever family for those newborns.



cont. on page 12

CYFS AWARDED FUNDING FROM AMERICORPS TO IMPLEMENT COVID RECOVERY INITIATIVES

When CYFS learned that AmeriCorps Seniors had funding opportunities through the American Rescue Plan to help support local communities recover from the COVID-19 Pandemic, we knew this opportunity closely aligned with our mission and sought funding. This past November, we received a two-year \$250,000 grant providing us the opportunity to take an active role in developing and securing resources to assist in the COVID recovery efforts in underserved populations of Peoria and Tazewell counties. Our priority is recruiting 100 volunteers who will provide relief support in two primary areas. The first will be assisting local health departments, health care providers and health service organizations in promoting and providing vaccinations, boosters, and health education programs. The second is to recruit volunteers to assist food banks, food pantries, and agencies providing meals to individuals in neighborhoods experiencing a lack of food resources due to the pandemic.

While the program is invested in recruiting individuals over 55 years old, there are also opportunities for all adults. Individuals, and community groups are welcome to help support this program. And, CYFS has a variety of volunteer opportunities for all ages to support our other programs too!



GOT TIME

on your hands?

Lets make 2022 the year
of positive change!



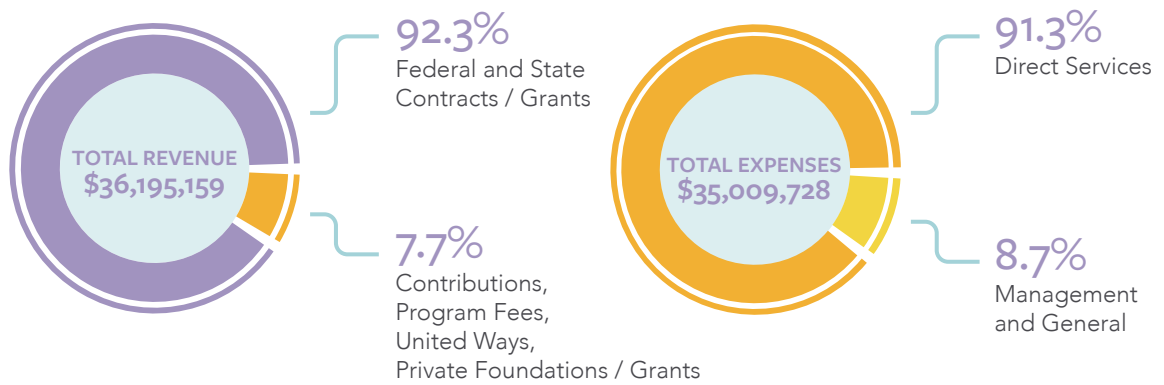
We have

opportunities that you can help with **COVID RECOVERY** all in the comfort of your home while doing something you love!

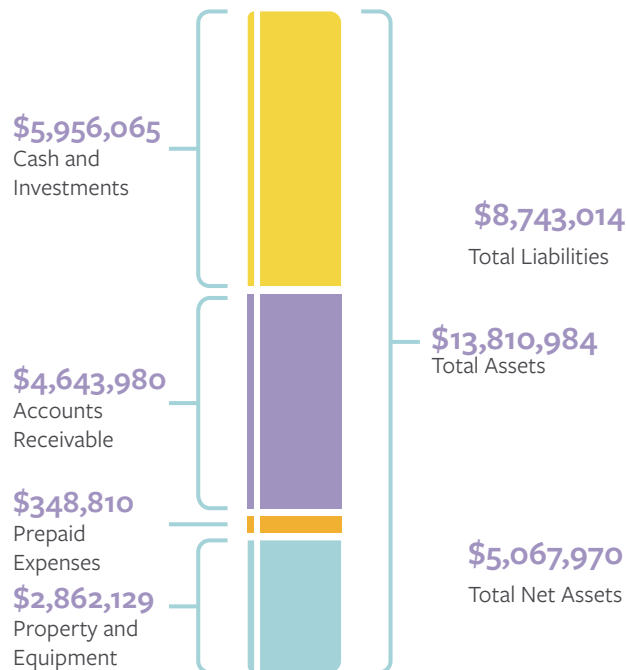
Interested?

Contact jlee@cyfsolutions.org or by calling her at 309.868.3957 and become a volunteer in the CYFS COVID Recovery Program and help conquer COVID!

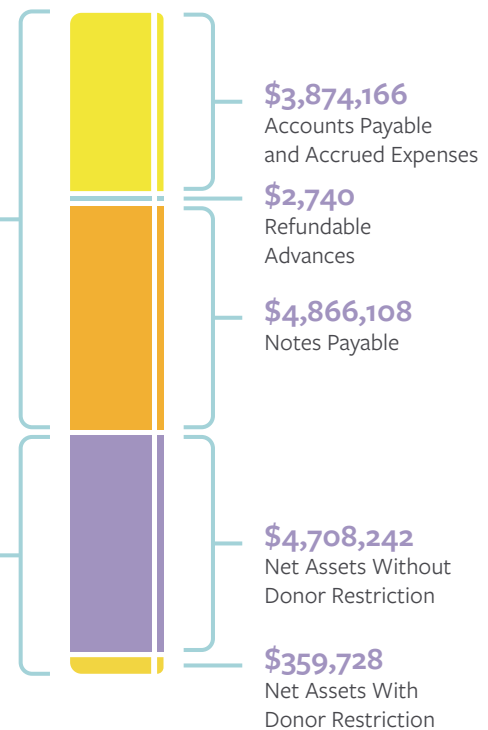
2021 *FINANCIAL POSITION*



TOTAL ASSETS



TOTAL LIABILITIES AND NET ASSETS



CYFS *IS SUSTAINED BY YOUR SUPPORT*

THE CENTER FOR YOUTH AND FAMILY SOLUTIONS IS TRULY GRATEFUL TO EVERYONE WHO SUPPORTED US DURING FY21 (JULY 1, 2020- JUNE 30, 2021).

ADM Cares Program
Amanda Allington
Peggy Arizzi
Mary Ann Armbruster
AstraZeneca Pharmaceuticals LP
Paul and Mary Banach
Jeffrey Barbee
Stephanie Barisch
Polly Barton
Lauren Bauer
Rebecca Bauter
Amy Bays
Randal & Elizabeth Berardi
Tiffany Beschoner
Gina Betz
Casey Boyle
Lori Bozard
Kenneth and Linda Brant
Douglas and Nancy Braun
Michael Braun
Maureen Breckenridge
Steve & Carey Brewer
Alma Brown
Kathleen O'Donnell- Brown
Willie Brown
Scott and Janette Bruns
Terry & Laurie Burch
Bethany and Ethan Burt
Andrew & Beth Bussan
Robert & Mary Byram
Jennifer Casabonne
Jamie Cecil-Monari
Lynette Claeys
Ann Clark
Andrea Clayton
Jenna Clayton
Nancy Cochran
Barbara and Scott Coker
Susan Colby
Heidi Huiskamp Collins and
Steve Collins
Meredith Colwell
Community United
Church of Christ
Tammy Cooper

Steve & Cathy Cosby
Brenda Cotton
Suzette & Kevin Cravens
Dawn Crow
John Dare
Jodie & Michael Darwish
Ruth Davis
Danielle Deever
Catanna Dement
Andy Dennis
Digital Copy Systems LLC
Pamela & Scott Dixon
Sharon Dodd
Alice Doehring
M. Christine and Kirsten Dorwart
Carrie Drake
Brittany & Molly Dunn
Brian Du Pont
Jennifer Durbin
Amy Eccher
Robert and Paula Egan
Mary Engler
F & M Bank
The McKee Family
First Christian Church
Cindy and Bill Fischer
Charles and Pattie Flucas
Reginald & Teresa Folmar
Mary Ellen & Glen Forck
Bryan Fore and Susan Snodgrass
Trudy and Bradford Forkner
David & Marilyn Formhals
Tricia and Jim Fox
Bettina & George Francis
Fraternal Order of
Eagles Aux. 1869
Freedom Valley Chapter
Abate of Illinois
Douglas & Jennifer Fritz
Michelle Gaede
Curt Garrett
Kristanne Garrison and
Robert McCartney
Hannah Gibes
Matt and Jill Ginder

Kristin Girard
David Glancy and Cari Callis
Judith Glancy
Matt Glancy
Sheila Glancy-Letscher and
Tom Letscher
Tim & Joanne Glancy
GlaxoSmithKline Foundation
Tammy & Matt Gorman
Grace United Methodist Church
Phil & Lories Graham
Tony and Theresa Greenlee
JoAnne Griffin
Randi Grimm
Deborah & Gary Hagener
Patrick and Tina Hardy
Austin Hassett
Ray and Janet Hassett
Stephanie Nicholson-Hassett and
Scott Hassett
Rosemary & Tom Haynes
Kelly & Jeff Heckman
Patricia Heffren
Leslie Henry
Sue Hirschman
Carol Hoffman
Julie & Matt Hohulin
William & Lydia Hohulin
Betty Hollis
Sarah Hoover
Debra and Ray Horney
Justin Houg
Charea Houston
Zhangli Hu
Dorothy Hummel
Patrick Hurley
Melinda & Dan Hyczewski
Mayor Michael Inman and
Madeline Inman
J.B.'s Woodshed, Inc
Joyce Johanson
John Deere Classic
John Graham & Associates, Inc.
John M. Scott Health Trust
Carl and Shirley Johnson
Michael & Mary Jane Johnson
Traci Johnston
Reuben and Delaine Jones

Sandy & Mike Jongerius
 Junior Board of Rock Island
 Ganesh Kajale
 Paul Keenan
 Thecla & William Keenan
 Hanej Kemu
 Alan Kenworthy
 Thomas and Mary Kilbride
 Debra King
 Sonja Knudsen
 Francis Korte
 Joe & Nancy Krakowiecki
 Debra & Richard Kropacek
 David Kuban, D.D.S.
 Kuhl Insurance
 Kumler United Methodist Women
 Michael and Charlotte Lance
 Darcy Lawson
 David and Joyce Lawson
 Maria Laya
 Jennifer Lee
 Jessica Lee
 Rebecca Lee
 Joseph & Marita Leone
 Melva Lewis
 Janette Lockwood-Cross
 Gordon Lofton
 Todd & Jo Ellen Lohnes
 David & Jennifer Longanbach
 Patrick Lootens
 Kathleen Lowe-Arthur
 Stanley & Mary Lynall
 Macomb Fraternal Order
 of Police Lodge 189
 Angela Madison
 Ralph & Theresa Mansfield
 Mary Ann Marabella
 Susie Marizetts
 Linda and Pat Marron
 Diana Martino
 Sally & Cal Masear
 Celeste & Sean Matheson
 Janet & Neil Mathis
 Paul Mauschbaugh
 Bruce and Cindy Mayer
 Joan Mayes
 Julie & Tom McAvoy
 John and Linda McCain
 Bob McCue
 Christie McDuff
 Brooke Miller
 Gregory & Laura Miller
 Jason and Mallorie Miller
 Carol and Edwin Mills

Lisa Miotto
 Mark & Marla Miskell
 Kevin Misura
 Kyle & Timothy Moe
 Teresa Mont
 Mary Moore
 Edward & Phyllis Moritz
 Morton United Methodist Church
 Frank & Rose Moss
 Jeff & Jane Myers
 Regina Myers
 Carl and Janet Nave
 Ernie Nicholson
 Rebecca Nielsen
 Kathleen Notbohm
 Christine O'Brien
 Jane Ohaver and Steven Glancy
 Michael & Jane O'Melia
 Bryan & Aimee O'Neal
 Kathy Orban
 James & Claire Orr
 OtterTail Corporation
 Jon & Mary Palomaki
 Nancy and Jim Pate
 Amy Paul Cassulo
 Lana & Gary Peterlin
 Denise Piper
 Rich & Lorrie Polesky
 Jennifer Pollard
 Betty Porter
 Penny Powell
 Suzyn and Derke Price
 John & Heather Rassi
 Susan Reitz
 Rex and Nelle Jackson Foundation
 Sue & Gregory Rice
 Allan and Beth Rich
 Keith Rider
 Paul and Joanna Riedel
 Ronald and Amy Riggins
 Kirstin Ringel
 Mary Riordan
 Tony & Julie Riordan
 RLI Corporation
 John and Cody Roark
 Robert and Nina Gleason
 Rochelle Mannhardt Trust
 Paul Rogers
 Hiram Romero
 Jake Roseboom
 RSM US LLP
 David and Dee Ann Ryan
 Leonard Sachs
 Carl and Kay Sansone

Rachel and Jason Savage
 Shawn & Angi Schalk
 Sandra Schaller
 Amanda Schenck
 Michelle Schick
 Richard and Kathryne Schrad
 Dr. Gregory and Susan Schroeder
 Pamela & David Schurter
 Senior Care Network
 Sharon and William Setser
 Shaw Siding and Roofing, Inc.
 Pat Shockley-Robinson
 Nancy Simpson
 T.J. Skrabala
 Angie Smith
 Tim Sobut
 Shari Sodawasser
 Allison Sparrow
 St. Maria Goretti Church
 St. Mark's Lutheran Church-
 Mission Endowment Fund
 Christa Staley
 State Employee's
 Community Campaign
 State Farm Companies Foundation
 Brenda Steele
 Lee Ann Stevens
 Stone's Midway Tap
 Jamie Stortz
 Penny and Ron Stout Jr.
 Neil & Joan Styczynski
 Stephanie Tanner
 Kenneth and Mary Tappendorf
 The Moline Foundation
 Craig & Ilean Thompson
 Tracy Family Foundation
 Jason Travis
 Trivoli United Methodist Church
 Tina and Todd Turner
 Ruth Urbanc
 Therese Urish
 Katherine Velej and Joseph Sanchez
 Laura Vessell
 Maureen & Richard Wallen
 Jonathan & Jennifer Weber
 Lynn White
 Linda Williams
 Carolyn Wills
 Colleen & Mike Wilson
 Mark and Claudia Wilson
 Colleen Zachman
 Phyllis Ziegler

2021 Board of Directors

Michael O'Melia
President
Professor Emeritus
St. Ambrose University

Julie Hohulin
Vice President/Secretary
Independent Marketing Consultant

Mark Miskell
Treasurer
RSM US, LLP

Randal Berardi
Principal
Congerville & Goodfield
Elementary Schools

TJ Williams
Owner
TJ Trained Wrestling Facility

Mary Byram
Pharmaceutical Sale Specialist
AstraZeneca - Retired

Jane Ohaver
Jane E. Ohaver, P.C.

Darlene Prince
Clinical Medical Case Manager
AID Atlanta, Inc.

Brad Schupp
CEFCU

Neil Styczynski
IBM - Retired
Normal Community Schools

Dr. Beth Bussan
Principal - Retired
Peoria Public Schools

Tricia Fox
Ex-officio
Executive Director, CYFS

Tony Riordan
Ex-officio
Chief Operating Officer, CYFS

2021 Finance Committee

Jeff Myers
RLI Insurance - Retired

Rebecca Bauter
Caterpillar, Inc. - Retired

Mark Miskell
Finance Committee Chair
RSM US, LLP

Brad Schupp
CEFCU

Tammy Gorman
OSF Healthcare



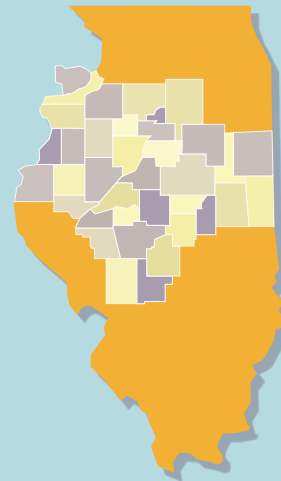
Get Involved

Volunteering is a way to share your gifts, gain experience, and give back to your community. Our volunteers make a difference everyday in the lives of our clients. Find out about volunteer opportunities at cyfsolutions.org/get-involved/volunteer or call 309.323.6600.



Donate

Your generosity truly matters! Our services aren't possible without your support. Please consider a tax deductible gift to CYFS to your program of choice or a general designation. cyfsolutions.org/services/donation/



CYFS Locations

Bettendorf
Bloomington
Champaign
Danville
Galesburg
LaSalle
Lincoln
Macomb
Morton
Peoria
Rock Island
Springfield



FOSTER A CHILD FOSTER A FUTURE

**CALL CYFS AT
309.323.6600
AND LEARN MORE!**