

Living
OUR VALUES

Rooted
IN YOUR
SUPPORT

THE CENTER FOR
YOUTH & FAMILY
SOLUTIONS

Annual
Report
2019





Letter FROM THE President

Michelle Obama said, “All you have to guide you are your values, and your vision, and the life experiences that make you who you are.” At the Center for Youth and Family Solutions, we articulate our values about treating everyone with dignity and respect, share our vision of a caring community, and affirm our desire to enrich the life experiences of the children, families, and older adults we serve. These ideals guide our work every day.

We believe that positive change is possible even in the toughest of circumstances. We're committed to working with others to achieve solutions to the difficult problems people face. We trust in the power of collaboration prompting us to ally with our clients, network with other resourceful programs, and join with community supporters to advance our efforts. Respect, collaboration, and optimism that change is possible and solutions can be achieved – these beliefs shape our thinking about clients and influence our actions in every context.

In all that we do, we are committed to excellence. As Board President, I am pleased to share with you our significant achievements made possible by your support. As you review our Annual Report, you will see how we put our values into action. Look closely at our outcome data. Our success rates are impressive.

We are proud to have served 18,937 clients last year. That includes 426 foster children now successfully joined with a safe, stable and nurturing family – one of the highest success rates in the state! Add to that 2,160 young people in crisis we helped avoid living on the streets, more than 7,400 counseling clients who reported relief from their problems, nearly 500 seniors we helped continue to live independently, and 228 children we placed with loving adoptive families. There is no doubt, CYFS is a significant community force for positive change across the life span.

If you're not convinced by statistics, then listen to the experts—our clients. An 11 year old foster child shared, “My caseworker has stood by me, when a lot of people haven't.” A parent tells us, “My family's worker makes me feel like I'm still a mom. She makes me feel like she really wants what is best for me and my daughter and is helping us get there.” An older adult commented, “My therapist has been a godsend. I really needed someone to talk to and I feel so much better getting it all out.” These are real people talking about the genuine benefits of working with CYFS.

We are inspired by the gratitude of our clients. But make no mistake—we could not accomplish this without the support of others like you who share our vision. In the last year, volunteers provided more than 20,000 hours of compassionate service. Community members offered their financial support, essential to sustaining quality services that make a lasting difference. No program endures without firm roots planted in a supportive community. Thank for you being a part of that foundation. We truly value our partnership with you and look forward to another successful year of transforming lives through developing lasting solutions!

Respectfully,

Michael O'Melia
CYFS Board President

Our Values

GUIDE OUR WORK
EVERYDAY

18,937

people were strengthened
by CYFS programs and
services last year.

Our Programs

- Adoption
- New Day Senior Services
- Behavioral Health and Counseling
- Guardian Angel Home
- Child Abuse Prevention and Intervention
- Youth, Family, and Community Outreach Services

We Value

- Dedication to achieving solutions
- Treating everyone with dignity and respect
- Collaboration and Partnership
- Belief that change is possible
- Excellence

“No program endures without firm roots planted in a supportive community. Thank you for being part of the foundation.”

—Michael O'Melia,
Board President

We Value

TREATING EVERYONE WITH DIGNITY
AND RESPECT. THOSE WE SERVE
DESERVE NOTHING LESS.

Life is difficult for many people. An abused child longing to feel safe and loved. A mom trying to work through issues with her volatile teenage son. A couple on the brink of divorce. An isolated senior yearning for connection. These are just some of the challenges that bring people to our agency. In response, we provide the necessary tools and support for healing, to help people learn new skills and link them to the life-enhancing resources necessary to achieve a better future.



CHILD ABUSE PREVENTION AND INTERVENTION

We Value Excellence

Through reunification and adoption, our foster care team helped **426** children experience a safe and loving forever family with adults they trust to care for them.

“My caseworker was there for me through my darkest days. She was always by my side and there when I needed to talk and without judgement.”

—A Parent Successfully Reunited with Her Son

We Have A COMMITMENT TO BE THE BEST WE CAN. WE SET HIGH EXPECTATIONS AND HAVE A PASSION FOR CONTINUED LEARNING.

CYFS was ranked **#1** among private agencies of comparable size for achieving permanency outcomes. This means children who have been abused or neglected and placed in foster care had the opportunity every child deserves: to grow up with a safe, stable and nurturing family.



BEHAVIORAL HEALTH AND COUNSELING

We Value **ACHIEVING
SOLUTIONS**

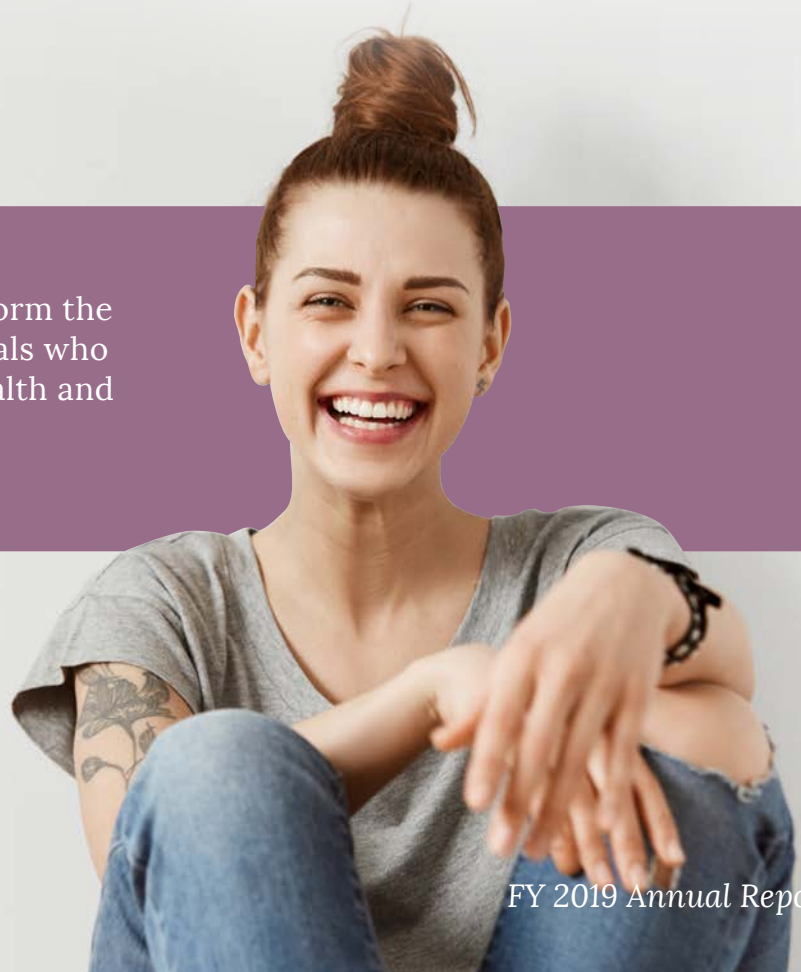
86% of our Counseling clients reported the services they received were effective in helping them resolve the issues that brought them into counseling, and they maintained progress six months later.



**WE BELIEVE THOSE WE SERVE ARE THE
MOST IMPORTANT PART OF THE SOLUTION.**

It Starts with Them
**WITH THEIR
INNATE POTENTIAL.**

Our therapists helped transform the lives of **8,910** individuals who were dealing with mental health and relationship difficulties.



YOUTH, FAMILY, AND COMMUNITY OUTREACH SERVICES



Our Youth, Family, and Community Outreach Services team helped to stabilize **2,160** youth and their families. Many of these family crisis situations occur when a teen has run away and parents are at a loss for how to help their child. We work with the family to de-escalate the immediate crisis and develop a safe plan for the youth.

Norman Services assist families whose children are at risk of placement in foster care or who cannot be reunited with their parents because the parents are unable to meet the children's basic physical needs. The primary focus of this program is to help families to obtain and maintain adequate housing.

"My caseworker was able to interact with my troubled son in a positive way when at times, she was the only one outside of my immediate family that he would talk to."

—A Grateful Parent



81% of families receiving Norman Services had a permanent and stable place to call home.

NEW DAY SENIOR SERVICES

This program provides in-home counseling, volunteer companion services, training and outreach to older adults who are facing such issues as depression, grief and loss, and a feeling of isolation. The program prevents costly and premature nursing home care.



Our New Day Program team supported, advocated for, and counseled over **500** seniors.

97% of seniors served by this program continue to live independently.

“My counselor has been a god-send for me. I feel so much more comfortable in my home rather than going to an office setting. I really appreciate that so very much.”

—A Senior Successfully Living Independently

We Value **COLLABORATION & PARTNERSHIPS. WE LOOK FOR ORGANIZATIONS AND PEOPLE THAT SHARE IN OUR SAME VISION OF ADVOCATING FOR THE GREATER GOOD.**

Volunteers and interns spent **20,121** hours helping CYFS live its mission. Whether it was teaching a child to read, visiting a lonely senior, mentoring a teen, or assisting our family workers in achieving solutions, our volunteers and interns are an essential part of the work we do each and every day.

“For me, volunteering is a way to give back. I’ve had success in my life and this gives me the chance to help people who are really in need.”

—Jim Casullo, CYFS Volunteer



ADOPTION



228 That's the number of children our Adoption Program placed with loving adoptive families this past year. It is our goal that every child we serve has a loving place to call home and a forever family.

GUARDIAN ANGEL HOME

We Cultivate HOPE AND THE BELIEF THAT CHANGE IS POSSIBLE.

Guardian Angel Home helped a total of **27** severely traumatized boys heal, cope, and thrive.

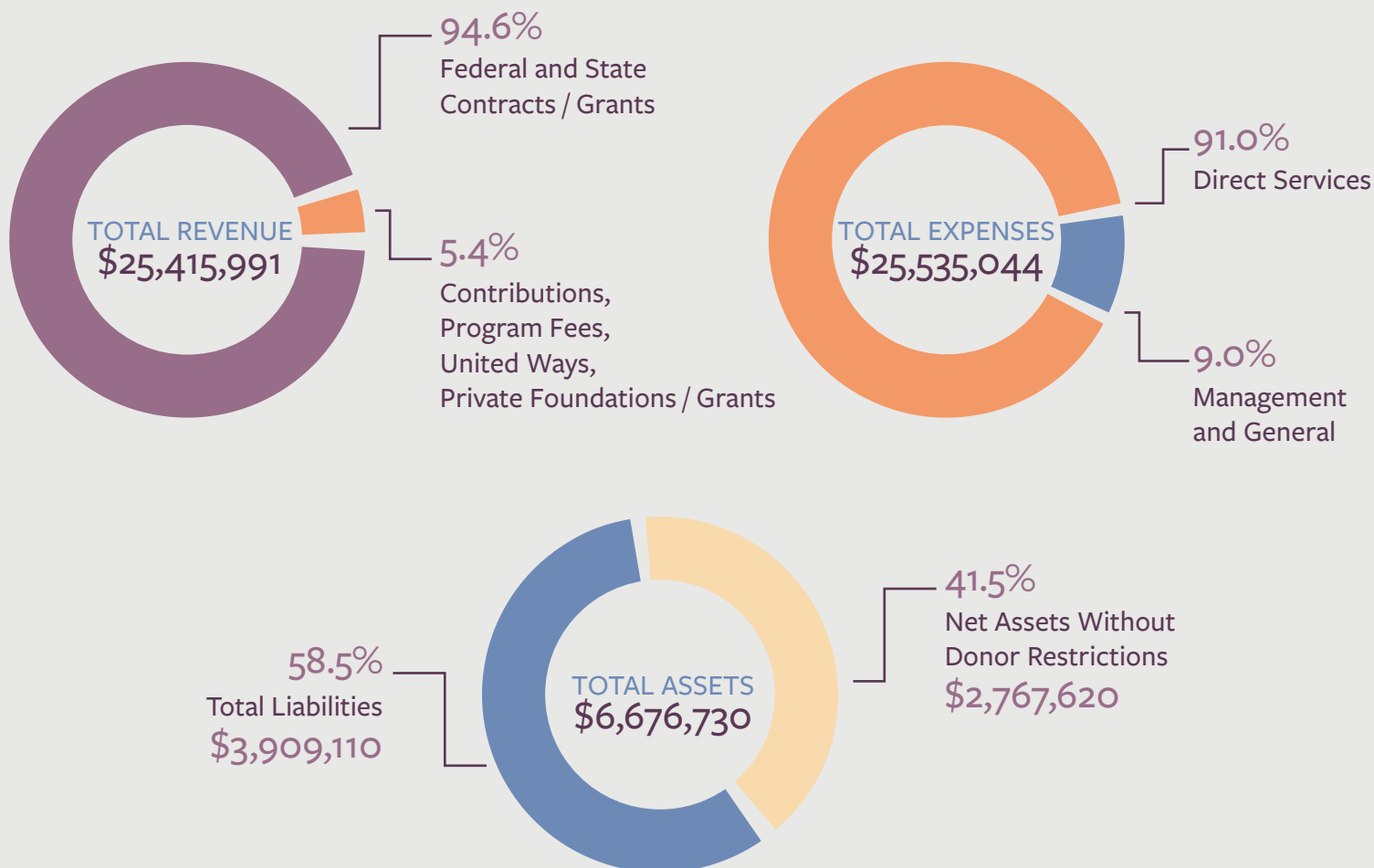


As a model of best practices in residential treatment programming, we use the latest research in trauma and neurology when working with youth who have suffered extreme physical and sexual abuse, and neglect.

“Your past can stay in the past, you are stronger than what happened to you, and you don’t have to work through it alone to reach a bright future.”

—Duane McKillip,
Guardian Angel Clinical Director

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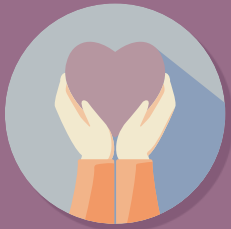
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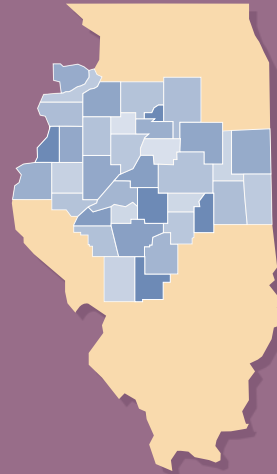
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