

Safety

independence



Finding Solutions

Changing Lives

THE CENTER FOR
YOUTH & FAMILY
SOLUTIONS

2017 Annual Report





Board President: Janet Mathis

I find myself reflective in this, my last letter to all of you, in my role as President of the Board of Directors for the Center for Youth and Family Solutions (CYFS). To sum it up, I am quite simply in awe of this organization; its leadership and staff; volunteers; donors; and the children, senior citizens and families it serves. Together, we are realizing much. Survival. Resilience. Independence. Empowerment. Self-actualization.

The power of this team is immense. Rooted at its foundation is the CYFS staff. In fiscal year (FY) 2017, these dedicated individuals helped more than 17,000 people weather some of the worst trials imaginable. Trauma. Abuse. Neglect. Depression. Grief. Family Crisis.

CYFS delivers inspiring support to them all. These dedicated leaders are not only deeply committed to finding solutions that change lives but are always learning so that they can be at the forefront of innovations in the delivery of services. The goal is to always look to improve outcomes, leading to a better quality of life.

Just this past year, our Guardian Angel Residential Treatment program was one of only five such centers in Illinois selected to be part of an extensive training program on trauma sponsored by the Center for Child Trauma Assessment, Services and Interventions at Northwestern University. This training enables our front-line residential staff to respond effectively to the behavioral and emotional challenges unique to traumatized youth.

The CYFS adoption program is recognized as one of the best in Illinois, leading the way in finding permanency for children in foster care who long for loving, forever families. Committed to reducing the time it takes to finalize an adoption after parental rights have been terminated, CYFS staff shared their expertise in a statewide project tasked with streamlining the state of Illinois' adoption process. When these changes were piloted last year, they effectively reduced the amount of time a child waited for a forever home by 73 percent. That's 408 fewer days until they experienced the real sense of security a stable home affords.

These are just two examples of how CYFS effects change, not only helping people to heal, cope and thrive every day, but also in striving for excellence in the delivery of services to help children and families heal faster, cope better, and thrive for the long-term. I encourage you to read the rest of the CYFS FY '17 Annual Report to learn more about our clients' outcomes and the related impacts to the communities in which we are located.

Finally, I want you to know how personally grateful I, the rest of the Board of Directors and each member of the staff of the Center for Youth and Family Solutions are for your support. Without it, none of these incredible outcomes would be possible. From all of us, thank you for being part of the solution and believing in the enduring strength of the human spirit. Together, we are changing lives and changing communities.


Janet Mathis
Board President

Finding Solutions



Engages and serves children and families in need with dignity, compassion, and respect by building upon individual and community strengths to resolve life challenges together.

17,372

people were impacted by CYFS programs. These are children, individuals and families who have experienced life changing trauma, abuse and neglect, or other significant life challenges. Our goal is to help each child and adult learn to cope with those experiences and help them achieve their fullest potential.

Resilience



231



That's the number of children our Adoption Program placed with loving adoptive families this year. It is our goal that every child we serve has a loving place to call home and a forever family.

“Thank you CYFS for all of your positive support during the adoption process. We will never forget the role our adoption worker played in making our family complete.”

- CYFS Adoptive parent

Changing Lives

325

children in foster care experienced the stability of a lasting, safe and caring family through reunification or adoption.

“I felt like there was no light at the end of the tunnel. Then I met my therapist, and there is a big light.”



97%

of seniors served by New Day program continue to live independently. This program provides in home counseling and volunteer companion services to older adults who are facing such issues as depression, grief and loss and a feeling of isolation. The program prevents costly and premature nursing home care.



2,880

that's the total number of snack packs our team provided to children in the Peoria area that may not be getting enough food at home.

Our Youth, Family and Community Outreach Services throughout Illinois are designed to help people in crisis find stabilization.

93%

of youth served in our Crisis Intervention Program are now off the streets and returned to a safe living environment.

Finding Solutions

Our Behavioral Health Counseling program helps families and individuals address a wide variety of issues.

89%

of individuals and families we helped reported that early in the process, they felt heard and understood by their therapist.

88%

of individuals and families reported the services they received were effective in helping them resolve the issues that brought them into counseling and they maintained progress six months later.



Opportunity

“My therapist made me feel safe discussing everything with her. I really feel she saved not only my marriage, but my husband's relationships with our children.”

-Marriage Counseling Client



“I love to volunteer at CYFS because it gives me a chance to help plant some positive seeds in the next generation.”

- CYFS Volunteer

Inspiring

7,106

That's the number of families CYFS helped find solutions so that they could heal, cope and thrive.

23,207

hours were spent by our volunteers selflessly helping CYFS achieve solutions. Whether teaching a child to read, visiting a lonely senior, or mentoring kids, our volunteers are an essential part of the work we do. We are simply inspired by their unwavering commitment in sharing their gifts.

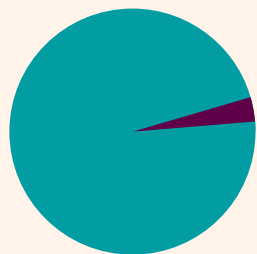
Strength

FY 2017
ANNUAL REPORT

4



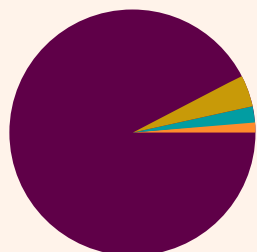
Expenses



Total Expenses: \$24,292,016

- 91.1% - Programs
- 8.9% - Management and General

Revenue



Total Revenue: \$24,440,420

- 89.9% - Governmental Funding
- 7.1% - Program Fees
- 1.7% - United Way Allocations
- 1.3% - Contributions & Grants

ASSETS

Cash and equivalents	639,994
Accounts receivable	2,942,791
Prepaid expenses	126,451
Property and equipment	3,353,346
TOTAL ASSETS	\$7,062,582

LIABILITIES AND NET ASSETS

Accounts payable and accrued expenses	2,170,815
Refundable Advances	145,862
Notes payable	2,061,556
TOTAL LIABILITIES	\$4,378,233
Unrestricted net assets	2,248,225
Temporarily restricted net assets	436,124
TOTAL NET ASSETS	\$2,684,349
TOTAL LIABILITIES & NET ASSETS	\$7,062,582

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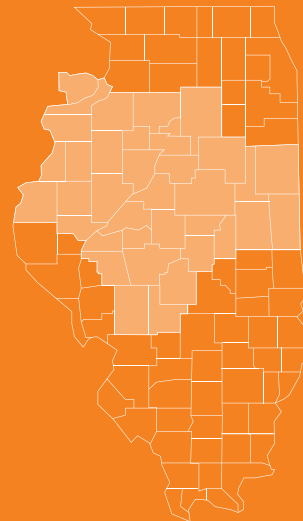
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Volunteering is a way to share your gifts, gain experience, and give back to your community. Our volunteers make a difference everyday in the lives of our clients. Find out about volunteer opportunities at cypsolutions.org/get-involved/volunteer or call 309.323.6600.



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CYFS

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for a

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Doors 6:30 | Opening 7:30

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Starring:

Walter Trout

Special Guest:
Dexter O'Neal and the Funk Yard

