



## NEW DAY SENIOR SERVICES

**The Center for Youth and Family Solutions** professionals and volunteers provide essential services to seniors in their homes in order to improve their quality of life and delay or prevent nursing home care.

### WHO WE SERVE

Persons 60 years of age or older living in a home or apartment in Peoria, Woodford, Tazewell, Fulton, Marshall or Stark Counties.

### SERVICES WE PROVIDE

The **New Day In-Home Counseling Program for Seniors** provides professional counseling and case management services to help seniors cope with issues such as grief and loss, isolation, depression, chronic illness, affordable housing, and financial matters.

The **Friendly Visitor Program** is a volunteer program designed to improve the quality of life for isolated seniors living in the Peoria area.

Friendly Visitor volunteers may provide socialization, transportation and respite for caregivers.



### PROGRAM STAFF

All our professional staff hold a bachelor's or master's degrees in a human service field. Designated staff are certified through the University of Illinois Geriatric Certification Program.

### HOURS

Services are provided Monday through Friday between 9 a.m. and 5 p.m.

### FEES

There are no fees for these services. These programs receive funding through the Illinois Department of Human Services, the Heart of Illinois United Way and the United Way for Spoon River Country. We also rely on donor contributions to help us carry out our mission. These funds are especially helpful in keeping our services free of charge.

### FOR MORE INFORMATION

Contact **Ruth Urbanc**, Senior Services Program Coordinator:

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