

"It's an act of charity to allow someone to help you out if they can. This is an opportunity to come out of yourself."

~ Betty Minor, Volunteer

"It's a great program. You get to make friends. It's not like I'm helping her. We're friends."

~Zully Alborno, Volunteer

"I am most thankful. God will bless her."

~Jhodni Ramitt, Client, says of her volunteer



Don't continue to be lonely or isolated. Volunteers at The Center for Youth and Family Solutions would enjoy the pleasure of your company. The Center can help— please give us a call.

*Every house where love abides
And friendship is a guest,
Is surely home, and home sweet home
For there the heart can rest.*
~Henry Van Dyke



THE CENTER FOR
YOUTH & FAMILY
SOLUTIONS
cyfsolutions.org

Local Contact Information:

Ruth Urbanc
2610 W. Richwoods BLVD
Peoria, IL 61604
309.323.6655
rurbanc@cyfsolutions.org



Friendly Visitor Program

Offering the security of someone to lean on, a renewed sense of belonging and a new day to look forward to.



"...the greatest suffering is to feel alone, unwanted, unloved."

~Mother Teresa

New Day Senior Services



The **Friendly Visitor Program**, a volunteer-staffed program, improves the quality of life for isolated seniors in our community. The Center for Youth and Family Solutions helps vulnerable seniors, at least 60 years of age, who are lonely or in need of some assistance to continue living in their home or apartment. Seniors are referred to our Friendly Visitor Program through family members, other senior service providers, medical professionals, or others in the community..

Each senior is matched with volunteers based on interests and needs.

Are you a senior in need of someone to:

- Come and visit with you on a regular basis?
- Assist you in getting to the store or to medical appointments?
- Help manage your mail or assist with paying your bills?
- Run errands for you?
- Help you plant a garden or flowers in the Spring?
- Take walks with you?
- Stay with you while you have outpatient surgery?

Why should you contact the Friendly Visitor program?

- You will enrich a volunteer's life with your friendship and stories.
- You can become connected or reconnected to your community.
- Having someone to assist you can help you to remain independent.
- Your quality of life can improve.
- Having a regular visitor will help you

